ATHLETIC TRAINING

Exercise Science Department
Athletic Training Program

Faculty
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Statement of philosophy
The athletic training program will provide health science experiences in collaboration with health professionals enabling athletic training students to master the competencies and proficiencies necessary to be competent, professional entry-level athletic trainers. Athletic training education will occur within the liberal arts framework and the mission of Central College. This will occur through interactions with staff, faculty, preceptors, professionals and peers within the college and the Pella community.

The Athletic Training Program is accredited by the Commission on Accreditation of Athletic Training Education (CAATE) through the 2019-2020 academic year. Students wishing to prepare for the Board of Certification (BOC) examination and become a BOC certified athletic trainer (ATC) must complete the Athletic Training major.

The primary objective of the Central College Athletic Training Program is to prepare entry-level athletic trainers for future challenges. Athletic training program students are provided with clinical experiences that develop and enhance their skills. These experiences are an extension of the academic classroom and allow students to master clinical proficiencies and competencies.

Major Communication Skills
Communication skills from the athletic training department indicates students have achieved college level mastery in both the written and verbal domain. Communication skills will be assessed during AT 223, AT 323, AT 472, and AT 423. Any students assessed as needing further development will be referred to the program director for a prescriptive plan to improve their communication skills.

Athletic Training Major Requirements (57 credits)

1. Complete all of the following:
   AT 152 Introduction to Athletic Training (1)
   AT 223 Level 1: Clinical Rotation I (2)
   AT 224 Level 1: Clinical Rotation II (2)
   AT 272 Athletic Injury Assessment: Lower (3)
   AT 273 Athletic Injury Assessment: Upper (3)
   AT 323 Level 2: Clinical Rotation I (3)
   AT 377 Therapeutic Modalities (3)
   AT 378 Therapeutic Interventions (3)
   AT 379 Organization and Administration of Athletic Training (2)
   AT 380 Athletic Training Pharmacology (1)
   AT 423 Level 3: Clinical Rotation I (3)
   AT 424 Level 3: Clinical Rotation II (2)
   AT 472 Medical Conditions for the Athletic Trainer (3)
   EXSC 111 Essentials of Human Anatomy and Physiology with lab (4)
   EXSC 149 Foundations of Health and Exercise Science (3)
   EXSC 151 First Aid and Sports Injuries (3)
   EXSC 254 Human Anatomy and Kinesiology with Lab (4)
   EXSC 257 Fitness Assessment and Exercise Prescription (4)
   EXSC 334 Sports Nutrition (3)
   EXSC 460 Exercise Physiology (3)
   EXSC 461 Exercise Physiology Lab (2)

Admission to the Athletic Training Program
Students interested in applying to the athletic training program and majoring in athletic training should contact the program director. Application and interview process will occur during the freshman year, prior to officially beginning the program in the fall of the students second year. The requirement to complete the ATP is 5 semesters of coursework over three years. To receive an application, policies and procedures handbook, copy of the technical standards, transfer policy, GPA requirements, and to get the most current information regarding this program, contact the director of the athletic training program, or go to www.central.edu.
Transfer Policy for the Athletic Training Program

Transfer students will be considered on an individual basis following admission to the college and the completion of all Athletic Training Program application procedures. (See above) All required courses in the Athletic Training Program and athletic training competencies and proficiencies must be audited or completed in the Central College Athletic Training Program. To receive an application, policies and procedures handbook, copy of the technical standards, transfer policy, GPA requirements, and to get the most current information regarding this program, contact John Roslien, Director of the Athletic Training Program, or go to www.central.edu.

Transfer Requirements:

1. Prior to transferring, initiate and complete the application process with the athletic training program director on or before March 1st.
2. Documentation of clinical experience supervised by a BOC certified athletic trainer or a state credentialed athletic trainer in a CAATE program, if appropriate.
3. Provide a recommendation from the student’s primary supervising athletic trainer at the previous institution and include a copy of his/her BOC certification card. Also provide two additional recommendations from a faculty member, academic advisor, program director or a different clinical supervisor at the student’s previous institution.