LUNCH BUFFET

Minimum 12 people - An additional charge of 10% will be added to smaller groups
Each meal includes paper products and beverages

Comfort Lunch $12
One meat, one starch, one veggie and rolls.

Lasagna $10
Our homemade lasagna with tossed salad and breadsticks or garlic bread.

Asian Lunch $10
Choose from: sweet & sour chicken or shrimp, general Tso chicken, orange chicken, Mongolian beef or beef & broccoli.
Served with Jasmine rice and egg roll.

Potato Bar $9
Baked potato with taco meat, salsa, cheese sauce, broccoli, bacon bits, sour cream and butter.
Includes dinner rolls.

Chicken Enchiladas $10
Two enchiladas, Mexican rice, beef tornadoes, salsa and sour cream.

Beef or Chicken Fajita Bar $12
Seasoned meat, peppers & onions, tortillas, salsa, sour cream, lettuce, shredded cheese and tomatoes
Served with Mexican rice.

Taco Bar $10
Seasoned beef, flour and corn shells, lettuce, cheese, tomatoes, salsa and sour cream
Served with Mexican rice and refried beans. Add chicken for $2 per person.

Slider Bar $10
Mini hamburgers or chicken with buns, lettuce, tomato, cheese, bacon and sauces.
Served with Chips and Pasta Salad

Director of Catering: Iwan Williams, Phone: (641) 628-5788, Fax: (641) 628-7668, Email: williamsi@central.edu
SANDWICH BUFFET

Includes 2 sides and beverages.

Sandwich Options - Maximum 2 sandwich choices per order.

BBQ Pulled Pork on Bakery Bun $10

Cajun or Jerk Seasoned Pork Loin on Bakery Bun $10

Santa Fe Chicken $10
Chicken breast, pepper jack cheese and salsa.

Steak & Stilton Hoagie $11
Steak slices, Stilton Cheese and fried onions.

Grilled Chicken on Sour Dough $10
Chicken breast, provolone cheese and honey mustard.

French Dip with Au Jus $10
Shaved beef on a hoagie roll.

Dutch Spiced Beef on Bakery Bun $10
Tender chunks of spiced beef.

Philly Steak or Chicken $10
Tender slices of beef or chicken with grilled sweet bell peppers and onions with provolone cheese.
CENTRAL COLLEGE CATERING

Gourmet BLT Wrap $10
Crispy bacon, lettuce, tomato, red onion and garlic mayo.

12” Steak or Chicken Caesar Wrap $11
Steak or chicken with romaine, caesar dressing and parmesan cheese.

SANDWICH BUFFET

Assorted Deli Croissants $9
Assorted Deli Wraps $10

SIDES OPTIONS

Romaine with Strawberries
Mixed Cut Up Fruit
Caesar Salad

Mac & Cheese Salad
Garden Rotini
Broccoli Crunch

Potato Salad
Tossed Salad
Chips

SOUPS
Sold by the gallon. Please contact us for pricing.

Chicken & Rice
Cream of Broccoli
Chili
Chicken & Noodle
Cream of Potato
Cheesburger Chowder
Vegetable Beef
CENTRAL COLLEGE CATERING

BOX LUNCHES

Minimum 10 meals for free delivery.
For each order, please limit the choices of sandwiches for your group to 2.

Box lunch 1 - Cold Sandwich $7 Hot Sandwich $8
Includes chips, banana or apple and cookie.

Box lunch 2 - Cold Sandwich $8 Hot Sandwich $9
Includes chips, 1 side and homemade bar

Box Lunch 3 - Cold Sandwich $10 Hot Sandwich $11
Includes chips, 2 sides and homemade bar

COLD SANDWICH OPTIONS
Croissants, Hoagies, Wraps, Ciabatta,
Sliced Multigrain or Pretzel Rolls
Turkey & Cheese
Ham & Cheese
Roast Beef & Cheese
Central Club
Italian- Ham, Salami & Pepperoni
Peppercorn Beef- Deli Beef, Peppercorn Mayo, Green Peppers, Lettuce & Onion

HOT SANDWICH OPTIONS
BBQ Pulled Pork on Bakery bun
Santa Fe Chicken on Bakery bun
Grilled Chicken on Sourdough
Garlic Chicken on Bakery Bun
French Dip with Au Jus on Hoagie
Philly Steak or Chicken on Hoagie
Dutch Spiced Beef on Bakery bun
Steak & Stilton Hoagie

SIDE OPTIONS
Fruit Cup, Pasta Salad, Potato Salad, Veggie Cup, Coleslaw

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SALADS

Minimum 10 meals for free delivery.
For each order, please limit the choices of salad for your group to 2.

Salad Only $6

Box Salad Lunch $8
1 specialty salad, breadstick and homemade bar.

Buffet Salad Lunch $10
1 individual specialty salad, breadstick, beverages and homemade bar per person.

OPTIONS
Strawberry Chicken Romaine with Raspberry Vinaigrette
Asian Mandarin Chicken on Romaine with Asian Dressing
Crunchy or Grilled Chicken on Mixed Greens with Dressing
Chef Salad on Mixed Greens with Dressing
Central’s Cobb Salad- Mixed Greens with chopped egg, bacon, tomato, shredded cheese and chicken
Steak or Chicken Caesar Salad-Add $1
BLT Chicken Salad with Blue Cheese
Taco Salad
Raspberry Chicken Spinach Salad
Harvest Salad- Choose grilled chicken or crunchy chicken. Apples, feta cheese and dried cranberries on mixed greens

BUILD YOUR OWN CHEF SALAD $11
Crispy romaine and iceberg lettuce, julienne strips of ham, turkey or grilled chicken breast.
Garnished with cherry tomatoes, sliced cucumbers, carrots, eggs, shredded cheese, green and red pepper strips, assorted dressings and croutons. Served with drinks and breadstick