

# Central College – Removing Sophos:

Faculty, staff, and students: If you are using the college-provided version of Sophos antivirus/anti-malware software on your home or personally-owned computer, this message is for you.

- 1) Uninstall Sophos from your computer following these [Windows](#) or [Mac](#) instructions.
- 2) Restart your computer.
- 3) Select and install an alternative antivirus/antimalware program.

Some no-cost options are:

## 1. Windows only:

- i. Windows 8, 8.1, or 10: Enable built-in Windows Defender by following [this advice](#)
- ii. Windows 7: [Microsoft Security Essentials](#)

## 2. Windows and Mac:

- i. [Sophos Home](#) (The free version is actually the premium version for the first 30 days, after which you can choose to pay for the premium version or drop down to the free version.)
- ii. [AVG](#)
- iii. [Avast](#)

If you have questions or need assistance, please contact the ITS Help Desk at [helpdesk@central.edu](mailto:helpdesk@central.edu) or by phone at 641-628-7010